

## Suggested Winter Equipment List



### Clothing

- Ski socks
- Base layer
- Mid insulation layer
- Ski pants
- Insulating layers – pile(fleece), light synthetic fill or wool sweater/jacket
- Water proof breathable jacket – Gortex type jacket
- Warm outer jacket
- Light insulated gloves, 2 or 3 pairs
- Neck tube or balaclava
- Sun hat
- Ski hat
- Handkerchief
- Hut Clothing - socks, underwear, top and bottoms base layer

### Personal Equipment

- Sleeping Bag + Pillowcase** for Lodge
- Towel** for sauna/shower
- Day Pack
- Sunglasses + optional spare pair
- Sun and Lip Cream
- Water Bottle or Hydration System
- Lunch kit
- Blister kit
- Pocket Knife
- Camera - Optional
- Binoculars - Optional
- Snow Boots
- Ear Plugs - optional
- Personal Medicinal Drugs - pain, cold/flu, antihistamine, anti-inflammatory, etc.
- Reading Material - optional
- Writing Material - optional
- Headlamp or Flashlight - spare batteries and bulb (**No** candles)
- Hut or Camp Shoes

### Technical Equipment

- Skis/split board
- Skins
- Shovel, probe, beacon, spare batteries
- Boots
- Poles (spare baskets)

### Group Equipment

- Altimeter
- Map and Compass
- First Aid Kit
- Emergency Sac - Nylon tarp or envelope sack to cover group or injured member
- Group Repair Kit - May substitute for personal repair kits or supplement them
- Two-way Radio or Cell Phone - Check for coverage and frequencies in your area
- GPS - May be optional depending on trip
- Satellite messenger (eg. Spot, InReach, Zoleo)