

Clothing

- Wool and or synthetic socks
- Base layer Top – Synthetic, wool or silk
- Base layer bottoms – Synthetic, wool or silk
- Mid insulation layer top
- Ski pants, synthetic
- Insulating layers top – pile(fleece), light synthetic fill or wool sweater/jacket
- Water proof breathable jacket – Gortex type jacket
- Warm outer jacket – Down or Synthetic
- Light gloves and insulated gloves, 2 or 3 pairs
- Neck tube or balaclava
- Sun hat
- wool or synthetic hat
- Handkerchief
- Hut Clothing

Personal Equipment

- Pack
- Sunglasses
- Sun and Lip Cream
- Head Lamp
- Water Bottle or Hydration System
- Lunch kit
- Blister kit
- Pocket Knife
- Camera - Optional
- Binoculars - Optional
- Hiking Boots
- Sleeping Bag or Sheets + Pillowcase for Lodge
- Extra Clothing - socks, underwear, top and bottoms base layer
- Ear Plugs - optional
- Personal Medicinal Drugs - pain, cold/flu, antihistamine, anti-inflammatory etc.
- Toilet Paper
- Reading Material - optional
- Writing Material
- Headlamp or Flashlight - spare batteries and bulb
- Hut or Camp Shoes
- Candle

Technical Equipment

- Skis/split board
- Skins
- Shovel,probe,beacon,spare batteries
- Boots
- Poles

Group Equipment

- Altimeter
- Map and Compass
- First Aid Kit
- Emergency Sac - Nylon tarp or envelope sack to cover group or injured member
- Group Repair Kit - May substitute for personal repair kits or supplement them
- Two-way Radio or Cell Phone - Check for coverage and frequencies in your area
- GPS - May be optional depending on trip
- Small Stove and Pot - May be optional depending on trip
- Spare Sunglasses